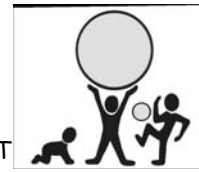


# MINOR Matters

The Official Newsletter of MINOR Improvements PT



September-November 2005

Shaun P Evans, MPT

Volume # 4 Issue # 3

Karen M Dake, PT, PCS

## Welcome New Patients

The MINOR Improvements PT family continues to grow and grow. In just under 3 years we have worked with over 300 different children! A special welcome to the newest members of our family:

Jeffrey V, Casey R, Ethan M, Madison H, Alex D, Michael D, Meredith C, Noah Kelly, Carla S, Bridgette A, Amy C, Maxwell S, Nichole P, Kylie B, Janaya C, Bradley M, Walter P, Dania S, Nicholas W, Grayson R, Katherine N, Zachary F and Janelle L.



Shaun and Madi in the pool



Noah on the flying trapeze!

## HAPPY BIRTHDAYS!

We would like to wish a very happy birthday to all of you with fall birthdays!



Happy Birthday to:

September: Caeden F, Alex D, Seth C

October: Kyle P, Sam D, Samantha C, Zane W, Matthew P, Peter M, Nichole P, Bradley M and Grayson R

November: Ryan B, Justin M, Maxwell N, Carla S and Thomas B.



Caeden gets ready for work



Carla S

## Land and Pool Groups

We would like to invite all children interested in aquatic or land based exercise groups. Aquatic groups take place on Monday from 3:45-4:30 for children aged 10-12, 4:30-5:15 for children aged 13-16, and 5:15-6:00 for children aged 7-9.

The focus of the groups is general strengthening and conditioning and will also include discussion regarding nutrition, and exercises that can be incorporated into every day life.

There will be one land based exercise and nutrition group on Thursday afternoons from 4:30-5:15. The current age limits for that group are 9-12. However, if there is interest outside of that age range we will look into adding another group.

The groups will officially start on Monday December 5<sup>th</sup> and Thursday December 8<sup>th</sup> and will run for 10 weeks. If you have any questions about the group or are interested in signing up please contact us as soon as possible as the groups will fill up fast.



The pool at MINOR Improvements PT

## Welcome Bridgit

We would like to extend an official welcome to our newest face at the front desk, Bridgit Milanese. Bridgit took over the responsibilities at the front desk in October. We are excited to have her as part of the MINOR Improvements PT family.



Bridgit joins the MIPT Team

## Open House

Our third annual open house was a huge success! October 1<sup>st</sup> was a beautiful day and families, friends, and everyone who stopped by had a great time.



Tile Painting at the Open House



Lots of Bouncing in our Lion King Bouncy Bounce



Kendall and Mai Linh enjoy the day



Chelsea tests out the plasma car while holding a balloon and eating cotton candy!

## Marathon Updates

On Sunday September, 25 Shaun ran in the Clarence Demar Marathon in Keene, NH. He received bib #1 this year as last year's champion. This year he placed third in a personal best time of 2:36.40. First place was less than 40 seconds away. Next up is Shaun's first ever NYC marathon. He automatically qualified when he first ran under 2:45 minutes last fall in Keene. Shortly after that one of our

longtime, beloved patients Gabrielle passed away after a long battle with brain cancer. She and her parents spent a lot of time with specialists in NYC and often stayed at the Ronald McDonald house along the NYC marathon course. With that in mind they approached Shaun last December and asked if he would run the NYC marathon in her honor. Donations in memory of Gabby can be made to:

Ronald McDonald House of NYC  
405 East 73rd Street  
New York, NY 10021

Or to

NYU pediatric Neurosurgery at:  
NYU Medical Center  
550 First Avenue PRK9  
New York, NY 10016

For more information about the Ronald McDonald House please visit:

[www.rmdh.org](http://www.rmdh.org)

## Happy Halloween



Halloween at MIPT

## Newsletters available Online

If you are interested in reading past issues of MINOR Matters, they are archived online at: [www.minorimprovementspt.com](http://www.minorimprovementspt.com).

You are also able to subscribe to our newsletter online.

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