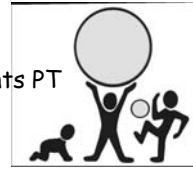


MINOR Matters

The Official Newsletter of MINOR Improvements PT



April 2004

Shaun P Evans, MPT

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Karen M Dake, PT

Welcome

MINOR Improvements PT is pleased to welcome our new patients who came on board in March. It's been nice to meet Madi, Kyle, Courtney, Brenton, Cameron, Tommy, Ryan, Tyler, Jess, Michael and Kyle.



Michael back on his feet!



Madi up high!

MINOR

Improvements PT's 100th Patient!

On 3-29-04 we welcomed Kyle Holmes as our 100th patient! Kyle is 15 years old and plays JV football and baseball for Burnt Hills-Ballston Lake High School. He also plays guitar and trumpet. Kyle received a basket of MINOR Improvements PT goodies, a NADA chair (we'll tell you about that later) and a \$100 US Savings Bond. As if PT with us wasn't rewarding enough!



Kyle receives his prizes from Shaun

Another Welcome

We'd also like to extend best wishes to two members of the MINOR Improvements PT extended family. Daniel and Patrick both became big brothers

this month! Daniel's baby brother is Maxwell and Patrick's is Matthew. Good work, moms!

Happy Birthday!

Birthday wishes for April go out to: Sara, Michael S., Michael C., and Matthew.



Pediatric Physical Therapy Class

April 16th and 17th wraps up our final Pediatric PT class of the semester at Franklin Pierce College in New Hampshire. The topic is orthopedic conditions and should result in another giant stack of information for them to add to their binders. Our students have been terrific and we'll miss their "inquiring minds". We're looking forward to having Elizabeth join us at the end of the summer for

an affiliation. We'll be attending the PT Hooding Ceremony for our students from last year on May 14th.

Biker Chicks

Two of our little MINORS will be rolling around in the sunshine this spring thanks to the new bikes they received through Colburn National Foundation grants. The foundation was established to fill the gap between what children need and what insurance will provide.



Lauren Pedals Along



Caitlin Keeps Up
(with her brother, Aleks)

Touch and Try

Join us at MINOR Improvements PT from

2:00-7:00 on Friday, May 7th for an opportunity to see adaptive equipment up close and personal. Debbie and Bill Eckert will be packing up the van with all sorts of the latest equipment to help children with disabilities reach their highest level of independent function. Refreshments will be served!

Marathon Monday

On April 19th Shaun will again be running in the Boston Marathon. In case you're not familiar, that's 26.2 miles! He's been training hard (hasn't missed a day of running in 2004!) You can check on his progress at www.baa.org. His bib number is 1450. Good luck Shaun! Run like you love it! We know you do!



Brian shows good form with his hamstring stretches using his NADA

What's a Nada?

Nada Chair is just the best little back support and hamstring stretcher we've ever seen. Nobody likes hamstring stretching, but just about everyone needs it. One of the biggest complaints we hear is that stretching takes too much time or that kids can't do it by themselves. The chair is a sling that can stabilize your pelvis in sitting, or add stretch straps for a (mostly) effortless sustained stretch. We've bought a lot of "slouch busters" to help families to accomplish one of the toughest tasks they face. Ask for details or check out the website: www.nadachair.com.

A Sad Note

Please join us in extending our thoughts and prayers to the family of one of our little angels. Kyetta passed away unexpectedly just a week after her third birthday. We will miss her smiling face and contagious laugh. She loved our pool and we will miss her dearly.

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