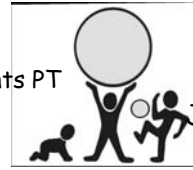


MINOR Matters

The Official Newsletter of MINOR Improvements PT



January/February 2003

Shaun P Evans, MPT

Volume # 3 Issues # 1 and 2

Karen M Dake, PT

Welcome

Welcome to all of our new patients who rang in the New Year by becoming part of the MINOR Improvements PT family. Welcome to our first new patients of 2004; Brian, Beth, Haley, Michael, Emma, Zack, Gabrielle, and Kadon.



Michael and Shaun work on the stairs in the pool

Happy Birthday

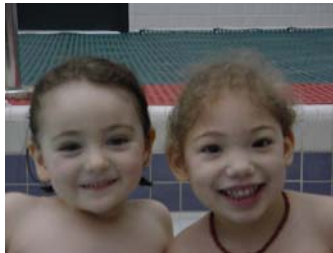
Happy January birthdays to: Jimmy, Haley, and Stephen



Stephen practices his balance

Happy February birthdays to:

Natalie and Cameron



Natalie and Lauren work side by side in the pool

Pediatric Physical Therapy

We taught our first class of the semester to second year graduate physical therapy students at Franklin Pierce College on January 30 and 31, 2004. The topic of discussion for the weekend was evaluation and assessment of pediatric patients. We discussed standardized testing and gave the students a chance to practice their skills with children at our Saturday lab session. Each student was given a component of a standardized test to administer and then

provided with the challenge of getting the children to participate. Although it was a long day, the students and our volunteer test subjects did a great job.



Dave and Jess practice administering their test

We are looking forward to our next trip to NH as we continue to spread the mission of MINOR Improvements PT to future generations of physical therapists.



Members of the class look on

We will teach three more weekend sessions this semester. Our next lecture and lab will be on the topic of pediatric aquatic physical therapy, childhood obesity, and fitness for children.

Once again the dates we will be out of the office this spring are:

Friday February 20,

Friday March 26

Friday April 23

Debbie will be available on those dates to answer calls or take messages.

MAJOR Accomplishments

This month's MAJOR accomplishment at MINOR Improvements PT goes to Allison for her tremendous recovery and improvements in strength and flexibility over the past two months. We are happy to say that Allison is done with her course of therapy, and although we will miss her, we wish her the best of luck!

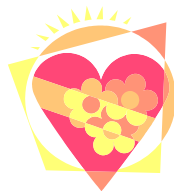


Allison works out on the physioroll

We would also like to extend our congratulations this month to equestrian (and former patient) Kaelya for being awarded the Capital District Hunter Jumper council's Cathleen M. Quinn Junior Sportsmanship Award. Great job!

Happy Valentine's Day!!!

We would like to take the time to wish you all a happy and love filled holiday. May you all catch the "love bug".



The Love Bug

It begins with a grin
It turns to a giggle
You start to laugh
Your legs start to wiggle

You look all around for
someone to hug
What can you do?
You've caught the Love bug

Upcoming Events

Don't forget to mark your calendars for Mardi Gras on February 24!



Daffodil reminder: As the first flowers of the season, daffodils are a symbol of hope. March marks the return of the American Cancer Society Daffodil Days. MINOR Improvements PT will be participating and will have order forms available. Bunches of 10 flowers can be purchased for \$7 each. Flowers will be delivered the week of March 22, 2004, and can be picked up at MINOR Improvements PT.



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