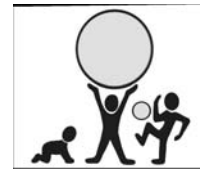


MINOR Matters

The Official Newsletter of MINOR Improvements PT



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Karen M. Dake, PT

Shaun P. Evans, MPT



Our sign stands on the corner of West Ave and West Circular marking our future office...only about 4 more months !!!

Construction Updates

Be sure to drive by our site on West Avenue to check out the progress. Our "Coming Soon" sign now makes it easy to find our future home. Demolition is complete, and construction is underway. We are very excited and hope that you are too!! Check out some of the most recent photos. We will be regularly updating the newsletter with pictures, so please check back frequently.



Shaun puts the finishing touches on demolition



Karen wonders what happened to the house after she returns from her three week conference...She is standing in the future location of our pool!

Happy Easter...Happy Spring???



Although the weather hasn't been too spring-like. We keep our fingers crossed as we await the REAL arrival of spring...and GOOD construction weather (though the crews HAVE been out in the rain snow and 30 degree temperatures... C'mon Mother Nature give them a break!)



Demi shows off her Easter outfit

Pediatric Physical Therapy 101

Our first semester of teaching at Franklin Pierce College is winding down. We recently completed presenting and discussing a case study on children with Down Syndrome, as well as a lecture and lab regarding aquatic therapy for pediatric clients. We will wind up the semester with a case study presentation on muscular dystrophy on April 11th, and a several mini-case presentation on children with orthopedic injuries in May.

Karen's NDT Conference...So far

Karen recently completed her first of three sessions leading to certification in NDT for the Treatment of Children with Cerebral Palsy in Philadelphia, PA. She spent much of the month of March studying under experts in the field of Neuro-developmental Treatment (NDT). Although she was missed at MINOR

Improvements during the month, she has come back with lots of great new treatment techniques and ideas...and one monster-sized thera-ball! For more info go to www.ndta.org



Karen and Caitlin try out some of Karen's new techniques

Good Luck Shaun

The Boston marathon will take place on Monday April 21, 2003. Think good thoughts about Shaun as he runs through the hills of Boston. The 107th Boston Marathon kicks off at 12 noon. Shaun hopes to be sporting his new MINOR Improvements running jersey with the number 1813 (out of about 20,000...that means he's really fast). GO SHAUN! As a result Shaun will be out of the office on the 21st and 22nd (give the guy a day to recover from his 26.2 mile run).

Halliwick

Halli-what?! "Halliwick" is an aquatic therapy technique that promotes independent swimming and movement for individuals with all levels of ability. It was originally developed by the late John McMillan, a Canadian engineer in fluid mechanics, to teach the disabled to swim. The most famous part is the 10-Point Program, the structure that enables a teacher to go through 10 stages in order to reach a basic swimming stroke. From 1975 the method has been extended to aquatic rehabilitation, through the "logic approach to exercise in water". The development of the "logic approach" in Switzerland and the Netherlands showed the therapeutic potential of the Halliwick method in the fields of pediatrics, neurology, rheumatology and orthopedics.

Karen received her Halliwick certification at the course she attended in Delaware in February. The instructor, Johan Lambeck, PT was a close associate of John McMillan. Karen can't wait to get back in the water to try out some of her new skills and has even braved the "chilly" water at the YMCA to keep

'in the swim"! We're also hoping to develop some companion programs at MINOR Improvements that reflect the Halliwick philosophy. For more information about the Halliwick technique go to info@halliwick.net

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