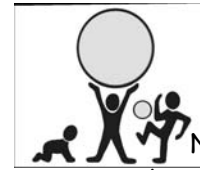


MINOR Matters

The Official Newsletter of MINOR Improvements PT

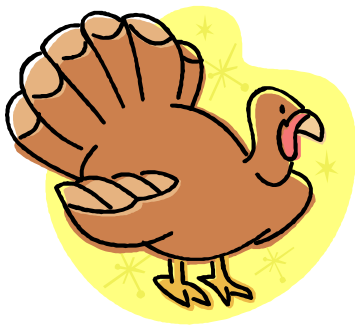
Volume # 2 Issue # 11
Karen M Dake, PT



November 2003
Shaun P Evans, MPT

Happy Thanksgiving

We would like to take a moment to give thanks for all the support, encouragement and assistance we've received from our friends and families in our first year of practice at MINOR Improvements PT. We couldn't have succeeded without the guidance and patience of so many people who stood beside us as we struggled through the growing pains and stumbling blocks of establishing a new practice. We're grateful to "our children" who teach us so much and their families who place so much trust in us. We feel blessed to have the opportunity to witness the triumphs and help with the challenges that our patients and their families experience every week.



Welcome

We would like to extend a warm welcome to several new patients this month. Welcome to Kyetta, Vincent, Jennifer, James, Taylor, Brian, Christina, and welcome back Melinda. We are glad to have you as part of the MINOR Improvements PT family.



Christina smiles on her first day at MIPT

Happy Birthday



Happy November Birthdays to:

Ryan, Jordan, Kathleen, Brigid, and Kathleen

A Day at the Library



Three or four times a year, a representative from MINOR Improvements PT (either Karen or Shaun), goes to the Saratoga Springs Public Library to visit with parents and children from the community. We stop in at the group to play with the kids, chat with parents about their child's development, answer their questions, and discuss their concerns. On Monday November 17, Karen took some special treats for the children and discussed appropriate toys for children of various ages. With the holidays approaching the parents were grateful to have some ideas of safe and age-appropriate toys for their little ones.

MAJOR Accomplishments

This month we will be starting a new section of our monthly newsletter. We would like to recognize some of the MAJOR progress, or achievements of members of the MINOR Improvements PT family. The month of November brought several such achievements. We would like to recognize Phil for his continued amazing progress walking. Phil recently took 67 steps without holding onto anything, and without losing his balance. The other outstanding achievement this month was made by Lauren who swam the width of the pool all by herself for the first time ever! Great job Phil and Lauren! We are so proud!

Holiday Scheduling

Christmas and New Year's Day are on Thursday this year. Experience tells us that families are usually pretty stressed at this time of the year and despite good intentions, PT is usually not **the** most important thing. With this in mind, we've decided to take the long weekend for both holidays. (How spoiled are we?) We'll be closed on Thursday and Friday (December 25th and 26th and January 1st and 2nd). We'll also be closing a little early on Christmas Eve and New Year's Eve. Please call to schedule make-up times. School breaks

often give families more flexibility with scheduling and we'll make every reasonable accommodation (no, we won't be open on Saturday!) to be sure your child receives the needed therapy. Remember, if your child receives PT through CPSE, they generally won't provide services during school breaks, but if your child has missed any sessions, they will allow make-ups during breaks.

Student Observers

Since opening MINOR Improvements PT, we have had several high school and college students stop by. They are interested in physical therapy and children and want to see exactly what it is we do here. They are often surprised to see that we spend the majority of the Day Listening to Raffi CD's, playing with Teletubbies and Cookie Monster, and some of the coolest toys they have ever seen. Seeing our profession through their eyes only makes us realize how lucky we are to do what we do. Physical Therapy and motivation through play is truly an art and a science that we are happy to share with future therapists. Thanks to Becca and Lauren (our two most recent students) for your desire to learn what we are all about and remind us how lucky we are to work with such incredible children.



Lauren enjoys her time at MIPT

Shaun Does it Again!

The Philadelphia Marathon. November 23rd 2003. Shaun finished in 81st place out of 5,317 runners with a time of 2 hours, 50 minutes and 14 seconds! This was Shaun's 6th marathon and he says that marathoners don't reach their peak until around age 35! He looked great during and after the race and doesn't even have any black spots on his feet!! How does he do it? Hard work and sheer determination. Good for you, Shaun. We're so proud of you!



Shaun acknowledges a fan at the Philadelphia marathon